EMPOWERED AID: REDUCING RISKS OF SEXUAL EXPLOITATION AND ABUSE IN WATER, SANITATION, AND HYGIENE (WASH) DISTRIBUTION

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Almost 1.5 million Syrian refugees living in Lebanon remain in need of water, sanitation, and hygiene (WASH) assistance. In 2019, the Global Women's Institute (GWI) and CARE International in Lebanon conducted participatory action research on risks of sexual exploitation and abuse (SEA) within Syrian refugee populations in Tripoli, Lebanon. Key WASH-related findings from the study are found in this brief. The main results report, full set of policy briefs, and accompanying tools and resources can be found online at: https://globalwomensinstitute.gwu.edu/conflict-crisis.

KEY FINDINGS

Findings in this brief evidence multiple levels of fear and risks to SEA that refugee women and girls harbor every single day of their lives. Women and girls involved in the research noted particular risks for SEA at the following points:

During at-home visits for water, sanitation, and hygiene needs: Participatory group discussions with refugee and host community women and girl’s groups and refugee boys identified WASH aid workers—specifically suppliers or service providers—as perpetrating SEA by making water and sanitation repairs or assistance contingent on sex. Widows and female head of households were identified as particularly vulnerable.

At distribution sites: Women and girls also reported workers at distribution points offering to distribute items more quickly to younger women and girls than others (by serving them first or taking them to the front of the line) in exchange for sex. According to one adolescent girl respondent, aid workers take advantage of girls most often because they are still and impressionable, and often thinking about their family before themselves, therefore more susceptible to exploitation because their family needs the assistance.

“"If they came to her house, she shouldn’t be alone. They may harass her if she was alone, especially if they were men and most probably, they will be men. They may ask for something in return for fixing a certain damage, and if she doesn’t agree, they may hurt her. They may try to get close to her to provide her with the services that she needs.”

– Qualitative interview with refugee adolescent girl

“They should at least provide water to the house. If a woman doesn’t have a man, or if she lives with her old parents, she’s going to have to provide water for herself, and this will expose her to many risks... She could be raped, verbally harassed, anything, she could be fooled... He could tell her that he loves her in order to get what he wants, and then leave her.”

– Qualitative interview with refugee women

1 WASH assistance in Lebanon includes in-kind distributions—which have reduced in scale but are still carried out, especially by local and non-traditional actors (for example of menstrual and other hygiene materials)—as well as construction and maintenance of shared and household-level WASH facilities.

Little clarity of or faith in reporting mechanisms, lack of support from families or communities, loss of aid, the normalization of SEA, and confusion around the identity of the perpetrator all serve as powerful deterrents to reporting sexual exploitation and abuse. Refugee women and girls described varying reactions from family and community members, in some cases showing support while others blame and shame survivors.

Given the range of possible reactions from family and community, SEA survivors tend to be fearful of reporting or pursuing services. Women and girls may feel unsafe reporting to police as police are sometimes the perpetrators of violence; and perpetrators will sometimes threaten or intimidate survivors to prevent them from reporting. Refugee women and girls also reported survivors’ fear of shame, stigma, and gossip in the community if they come forward. These fears, combined with a perceived lack of accountability for perpetrators and lack of knowledge of reporting mechanisms, contribute to a chilling effect on SEA reporting.

**WHO ARE THE PERPETRATORS?**

- **Aid workers and their intermediaries (volunteers, contractors, suppliers, etc.)** may perpetrate SEA when they conduct house visits for WASH-related assessments, construction or repairs; or during distributions by offering access to WASH aid more quickly in exchange for sex.

- **Landlords** who offer to provide or repair WASH-related needs for women and girls in the houses they rent in exchange for sex.

If an SEA survivor decides to come forward, she often confides in friends, female family members, and religious or community leaders first to seek counsel on next steps. Women and girls identified caseworkers, the organization in charge of the aid worker or distributor, and the hotline number as places where they could report. Women and girls also reported a preference for accessing services from NGOs that support women; specific mentions of trusted helpers included case workers and therapists.

**WOMEN AND GIRLS’ RECOMMENDATIONS TO MAKE WASH DISTRIBUTIONS SAFER**

Refugee women and girls involved in the research developed the following recommendations to improve their safety and security throughout the WASH distribution process. Many of these build on steps they are already taking to protect themselves. By applying them, aid distribution systems can more fully meet women and girls’ WASH needs in ways that minimize opportunities for SEA by aid actors and others.

1. **Pre-determined assigned times to groups of families to go and collect aid from distribution points to avoid overcrowding and disorganization that makes women and girls vulnerable to SEA.** Disorganized and chaotic distributions may leave women and girls vulnerable to SEA by aid workers that offer to speed up their distribution by taking them to the front or serving them first. Creating systems that allow for organized, timely distributions could decrease exposure to SEA; this is especially important given the number of ad hoc distributions still frequently carried out by non-traditional aid actors.
Aid delivery and/or repair assistance at the household level may mitigate risks women and girls face when leaving their homes, if conducted in gender-sensitive ways, e.g. by at least two aid workers, with at least one being a woman. At-home delivery of aid and/or repair assistance can reduce SEA risk in that women and girls do not have to leave their homes, but it can also increase risks of SEA happening in the home. To mitigate this, women and girls requested teams of women aid workers or women workers to accompany male aid workers when working within people’s homes.

Provide transportation support for those traveling long or isolated distances to collect aid, especially for vulnerable groups. The obligations of the humanitarian community to provide protection and support do not end at the gate of distribution sites. While taxi drivers are not a formal part of the aid system, without them the distribution would not function. Likewise, safe access to WASH and shelter repair services cannot be achieved if sex is demanded in exchange. As shown in this study’s community mapping exercises, women and girls have expert knowledge of safe & risky places and times in their communities. Distance & other transport-related needs can be better considered by planning distribution mechanisms in collaboration with women’s committees and leaders and discussing possible support (in-kind or cash/vouchers) for groups identified as particularly vulnerable.

Closer supervision of distributors and workers at aid distribution points, including filing and following up on complaints. Increased accountability of aid workers through more oversight by NGO/UN staff who understand the risks that could lead to SEA and the importance of creating a safe environment in which women and girls can access aid.

Ensuring more women aid workers, volunteers, and leadership structures are involved in aid distribution processes. The issues that women and girls face during distribution could be reduced by better engaging women and girls throughout the process. This includes ensuring meaningful numbers of female staff and volunteers within distribution teams, as well as representatives from women’s committees or other leadership structures also being actively engaged in decision-making and supported to serve as key linkages to the wider communities. Women aid workers may also increase accountability and reduce the fear and risk of SEA during at home visits.

Create and support formal or informal accompaniment systems and social support mechanisms for sharing share information between women and girls. The creation of formal or informal accompaniment systems was identified as a way to mitigate risk by helping women and girls move together to collect aid or have someone else at home when aid workers or contractors are visiting women and girls’ homes. Supporting them to maintain or increase social networks with other women and girls can also foster information sharing and support, including ‘sounding the alarm’ and getting help when risky situations arise.

Sex-segregated lines at distribution points. Women and girls repeatedly asked for separate lines when waiting at distribution points, to reduce sexual harassment, their being pushed out of line by men, or men offering their space in line in exchange for sex or a sexual relationship.

Better information and communication of complaint and reporting mechanisms, so that women and girls have correct knowledge if they want to report SEA. This includes ensuring information is provided through multiple channels (loudspeaker, radio, visual, written in multiple languages, community meetings, health facilities, etc.) to increase the number of people in a community who hold this information and power. In addition, employing diverse ways of sensitizing communities to GBV/SEA reporting mechanisms that reach beyond traditional leadership structures, to ensure this information is accessible to those who most need it.
More security at distribution points, including ATMs where women and girls collect cash assistance. Female and male teams of well-supervised security personnel, who are trained to proactively mitigate SEA and other forms of violence, receive and respond to complaints, are needed to make distribution points and the area around them safer.

ABOUT EMPOWERED AID

Empowered Aid is a multi-country, participatory action research project led by the Global Women’s Institute (GWI) at the George Washington University, in partnership with CARE International in Lebanon and the International Rescue Committee (IRC) in Uganda, and funded by the U.S. Department of State’s Bureau of Population, Refugees and Migration. It examines the mechanisms through which humanitarian aid—in Lebanon: food, WASH, shelter and cash assistance—is delivered, and how these processes might inadvertently increase the risks of SEA for women and girls, in order to address them. Its goal is to support the creation or adaptation of aid delivery models that actively work to reduce power disparities and give women and girls a sustained voice in how aid is delivered.

In Lebanon, 14 women and 12 girls aged 16-52 participated in three months of data collection including two participatory group discussions and four in-depth interviews about their experiences interacting with the aid distribution system. In addition, 7 community participatory group discussions and 11 key informant interviews were held with community leaders and humanitarian personnel. Learn more at https://globalwomensinstitute.gwu.edu/conflict-crisis.

Phases of Empowered Aid

- To better understand how aid distributions may create or reinforce opportunities for sexual exploitation and abuse of women & girls.
- Ethnographic fieldwork with refugee women and girls

- To identify, prioritize, and test options for improving current distribution models & post-distribution monitoring tools.
- Implementation science, pilot tests

- To disseminate, validate and replicate findings in a third country, including peer-led networking & training among women & girl researchers.
- Research uptake, dissemination, network-building

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